

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday












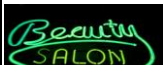



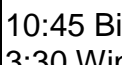






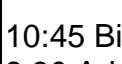





January 2025



ASSISTED LIVING CALENDAR.



<p>11:00 Inspirational TV (WLTX)</p>  <p>2:00 Worship Service w/ Pastor John-MPR/Chapel</p>	<p>5 Nail Tech Services</p>  <p>9:00 Morning Stretches-MPR</p> <p>10:00 Shopping Shuttle (Walmart)-GF</p> <p>3:00 Memory card games-LL</p>	<p>6 9:30 Arthritis Exercise Class-MPR</p> <p>10:00 Morning Meditation-MPR</p> <p>10:45 Bingo-LL</p>  <p>3:30 Wii Sports Game-MPR</p> <p>5:30-7 Watch Family Feud on the unit (Fox-6)</p>	<p>7 9:30 Morning Exercise-MPR</p> <p>10:00 New Year Resolutions Topics Discussions-MPR</p> <p>12:00 Prayer at the Pole w/ Pastor John</p> <p>2:00 Bible Study w/ Pastor John-MPR</p> 	<p>8 Beautician Services</p>  <p>9:30 Arthritis Exercise-MPR</p> <p>10:30 Scripture, Prayer, & Song w/ Pastor John-MPR</p> <p>3:00 Adult Coloring Sheets & Puzzles On The Unit</p>	<p>9 9:00 Morning Exercise-MPR</p>  <p>10-11 Adult Coloring & Puzzles On The Unit</p> <p>2:00 Movie on the Big Screen-MPR</p> 	<p>10 Puzzles & Adult Coloring Sheets on the unit</p> <p>Bird Aviary located on the 2nd floor across from the MPR</p> 
<p>11:00 Inspirational TV (WLTX)</p>  <p>2:00 Worship Service w/ Pastor John-MPR/Chapel</p>	<p>12 Nail Tech Services</p>  <p>9:30 Morning Exercise-MPR</p> <p>10:30 Coffee & Danish Social-MPR</p> <p>2:00 Art Class with Artist, Sharon Funderburk-MPR</p> 	<p>13 Librarian Services Barber Services</p> <p>9:30 Arthritis Exercise Class-MPR</p> <p>10:30 Music Entertainers, Paul & Karla Hughes-MPR</p> <p>1:45 Bus Departs For Tuesdays w/Friends at Beth Shalom Jewish Synagogue-GF</p>	<p>14 Podiatrist Services</p> <p>9:30 Morning Stretches-MPR</p> <p>10:00 Coffee & Tea Social-MPR</p> <p>12:00 Prayer at the Pole w/ Pastor John</p> <p>2:00 Karen w/ Health Pro Heritage presents: Understanding a Stroke-MPR</p>	<p>15 Beautician Services</p>  <p>9:30 Arthritis Exercise-MPR</p> <p>10:30 Scripture, Prayer, & Song w/ Pastor John-MPR</p> <p>3:00 AL Resident Council Meeting-MC</p>	<p>16 9:30 Morning Stretches-MPR</p> <p>10-11 Adult Coloring & Puzzles On The Unit</p> <p>2:00 Scrabble & Table Top Board Games-MPR</p> <p>3:30 Photographer James Steamer slideshow on Alaska-MPR</p>	<p>17 Puzzles & Adult Coloring Sheets on the unit</p> <p>Bird Aviary located on the 2nd floor across from the MPR</p> 
<p>11:00 Inspirational TV (WLTX)</p>  <p>2:00 Worship Service w/ Pastor John-MPR/Chapel</p> <p><small>Activity Professionals Week</small></p>	<p>19 Nail Tech Services</p> <p>9:00 Morning Stretches-MPR</p> <p>10:00 Shopping Shuttle (Walmart)-GF</p> <p>2:00-Remembering MLK Jr.-MPR</p> 	<p>20 9:30 Arthritis Exercise Class -MPR</p> <p>10:00 Morning Encouragement-MPR</p> <p>10:45 Bingo-LL</p>  <p>3:30 Wine & Cheese Social-MC</p> <p>5:30-7 Watch Family Feud on the unit (Fox-6)</p>	<p>21 9:30 Morning Exercise-MPR</p> <p>10:00 Current Events Conversation-MPR</p> <p>12:00 Prayer at the Pole w/ Pastor John</p>  <p>2:00 Drumming Fitness Class-MPR</p>	<p>22 Beautician Services</p>  <p>9:30 Arthritis Exercise-MPR</p> <p>10:30 Scripture, Prayer, & Song w/ Pastor John-MPR</p> <p>2:00 Crafty Creations Class with Debbie Bouknight-MPR</p>	<p>23 9:30 Morning Exercise-MPR</p> <p>10-11 Watching Favorite Morning Shows On The Unit</p> <p>2:00 Mystery Ride-GF</p>	<p>24 Puzzles & Adult Coloring Sheets on the unit</p> <p>2:00 Amick Junction Bluegrass Band-MPR</p>  <p>Bird Aviary located on the 2nd floor across from the MPR</p>
<p>11:00 Inspirational TV (WLTX)</p>  <p>2:00 Worship Service w/ Pastor John-MPR/Chapel</p> <p><small>Australia Day (Observed)</small></p>	<p>26 Nail Tech Services</p>  <p>9:30 Morning Exercise-MPR</p> <p>10:00 Shopping Shuttle Dollar Tree/Family Dollar-GF</p> <p>2:00 Guitar Music w/ Doug Barker-MPR</p> <p>3:00 Birthday Celebration-MPR</p>	<p>27 Barber Services</p>  <p>9:30 Arthritis Exercise Class-MPR</p> <p>10:00 Morning Meditation-MPR</p> <p>10:45 Bingo-LL</p>  <p>3:30 Adult Coloring & Puzzles On The Unit</p>	<p>28 9:30 Morning Stretches-MPR</p> <p>10 Morning Motivation-MPR</p> <p>12:00 Prayer at the Pole w/ Pastor John</p> <p>*Chinese New Year Luncheon-DR</p> <p>2:00 Bible Study w/ Pastor John-MPR</p> <p><small>Chinese New Year (Year of the Snake)</small></p>	<p>29 Beautician Services</p>  <p>9:30 Arthritis Exercise-MPR</p> <p>10:30 Scripture, Prayer, & Song w/ Pastor John-MPR</p> <p>3:00 Arts & Crafts-LL</p>	<p>30 9:30 Morning Stretches-MPR</p>  <p>10-11 Adult Coloring & Puzzles On The Unit</p> <p>2:00 Movie on the Big Screen-MPR</p> 	<p>31 ACTIVITY LOCATIONS:</p> <p>Multi-Purpose Room-MPR</p> <p>Main Dining Room-MDR</p> <p>Laurel Lane-LL</p> <p>Myrtle Court-MC</p> <p>Front Lobby-FL</p> <p>Front Porch-FP</p> <p>Court Yard-CY</p> <p>Garden Floor-GF</p>

ALL ACTIVITIES ARE SUBJECT TO CHANGE. ANY CHANGES WILL BE POSTED. RICE ESTATE 100 FINLEY RD COLUMBIA, SC 29203